

NEWSLETTER

HISTORIC TRIANGLE DRUG PREVENTION COALITION



ABOUT SUBSTANCE USE & MISUSE PREVENTION MONTH

The Substance Abuse and Mental Health Services Administration (SAMHSA) aims to prevent substance use in the first place, prevent the progression of use (to a disorder), and prevent consequences associated with use. Prevention science (with decades of research and community-based experience) shows that prevention works.

Prevention strengthens protective factors and reduces risk factors - in individuals, families, schools, communities, and society.

Prevention helps us get ahead of substance use and mental health challenges — so that youth, families, and communities can thrive.

Prevention Month lifts up the national conversation — to showcase prevention's positive effects on communities across the country.

We invite individuals, families, schools, and communities to tell their prevention story.

Download
SAMHSA's
Substance
Use & Misuse
Prevention
Month Toolkit
[Here!](#)

OCTOBER IS SUBSTANCE USE & MISUSE PREVENTION MONTH

PREVENTION & EDUCATION

HTDPC 2025 Town Hall - In partnership with SpiritWorks Foundation, the HTDPC hosted two free screenings of ***Together: Family Recovery***, a documentary sharing the powerful stories of three families impacted by addiction. Both events were well received with 82 people in attendance. The Sept. 25 screening featured a panel with film participants Karen McFarland, her granddaughters Adryan and Angel, Co-Director/Producer Shelly Young, and Jan Brown, Executive Director of SpiritWorks Foundation. Both screenings concluded with a call to action to carry forward the film's message.

This committee's next meeting will be held virtually on **October 21 at 9:00 to 10:00a.**

POLICY & LEGISLATIVE ADVOCACY

Through the Miss Virginia School Tour, and in partnership with Virginia ABC, Miss Virginia visits elementary schools across Virginia to promote health, wellness, and substance use prevention. During these visits, she encourages students to make healthy choices and raises awareness about the dangers of substance use. Her message supports positive decision-making and aligns with the Virginia Standards of Learning (SOLs), specifically focusing on advocacy, health promotion, essential health concepts, and healthy decision-making related to substance use prevention. For more information [click here](#).

YOUTH & FAMILY ENGAGEMENT

The Training Transfer Center for both Addiction (ATTC) and Prevention (PTTC) needs our help with the FY26 Needs Assessment. Please use the link below and complete the survey. It won't take more than 15 minutes and is intended to identify needs related to substance misuse, health promotion, behavioral health, prevention, treatment, and recovery and their impact on individuals in Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia (HHS Region 3).

The results of this survey will guide our educational, training, and technical assistance efforts.

[Click here to complete survey.](#)

TRAUMA & RESILIENCY

The Trauma & Resiliency Committee met virtually on Tuesday, September 23rd! The Committee focused on:

- 1) Defining what trauma and resilience mean for the Historic Triangle;
- 2) Support the community and the workforce in how to respond to traumatic experiences.
- 3) Effectively share current resources, training, and presentations that are best for the community and the workforce.

The next meeting is scheduled for **Thursday, October 30th at 1pm**. Please contact Committee Chairs, [Lynette Diaz](#) or [Michelle Justiniano](#) for more information!



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COMMUNITY CORNER

Thank you to everyone who came out to the film screenings for Together: Family Recovery! We had great conversations about the family dynamic as individuals go through recovery. We had a great turn out from the community! Thank you to SpiritWorks Foundation for allowing us to help facilitate this event.

ANNOUNCEMENTS

Let's welcome our new Member Organization, The Triangle Stepping Stones! Triangle Stepping Stones is a place where 12-Step groups can hold their meetings and maintain their own literature & group files. To learn more visit them at www.trianglestoppingstones.com

If you're interested in becoming an officer or a member of the Leadership Team, please contact our Coordinator, Joi Tramuel at (757)713-9670 or jtramuel@colonialbh.org.

National Drug Take Back Day is October 25 from 10am-2pm. Volunteers are needed to hand out HTDPC information bags at each of our four localities. Please contact **Leigh Carroll- Stump** and/or **Joi Tramuel** if you are interested.

Upcoming Events

Leadership Team Meeting

October 27, 2025 | 9 - 11a (Virtual)

Full Coalition Meeting

November 17, 2025 | 11a - 1:30p
Brookdale Chambrel Williamsburg
3800 Treyburn Dr.
Williamsburg, VA 23185

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