



Historic Triangle Drug Prevention Coalition

<https://www.historictriangledrugprevention.org/>

Trauma and Resiliency Committee Meeting

<https://www.historictriangledrugprevention.org/committees/trauma-resiliency-committee/>

October 30, 2025

1:00 p.m. – 2:00 p.m.

Virtual Meeting

I. WELCOME!

- Brief welcome and agenda overview.
- Quick round: *Name, organization, and one word describing how you're feeling today.*

II. "SHARED STRENGTHS"

- Share one way you've supported someone, or been supported, through a difficult time.
- What helps you stay resilient when work or life gets stressful?

III. DEFINING TRAUMA AND RESILIENCE

- What does trauma and resilience mean in our community context? Let's choose three words for trauma and three words for resilience for the Historic Triangle.

IV. RESOURCE SHARING

V. ADJOURNED

Next Meeting Date: To Be Determined