

NEWSLETTER

HISTORIC TRIANGLE DRUG PREVENTION COALITION



SUBSTANCE USE DISORDER

Having at least one mental disorder and at least one substance use disorder (SUD) is referred to as a “co-occurring disorder” (COD). Of the 51.1 million adults with any past-year mental illness in 2019, 9.5 million had both any past-year mental illness and a SUD.

Failure to routinely screen clients for SUDs and mental disorders creates a problematic domino effect. A lack of screening means a lack of assessment. This results in a lack of diagnosis, which leads to a lack of treatment, and ultimately reduces a person’s chances of achieving long-term recovery for either or both disorders. Providers can prevent this by understanding how to screen, perform a full assessment, and recognize the diagnostic symptoms of mental disorders and SUDs.

Mental disorders likely to co-occur with addiction include depressive disorders, bipolar I disorder, post-traumatic stress disorder (PTSD), personality disorders (PDs), anxiety disorders, schizophrenia and other psychotic disorders, ADHD, and eating disorders.

[Click Here for](#)
SAMHSA's
Advisory on
Substance Use
Disorder
Treatment For
People with Co-
Occurring
Disorders

JANUARY IS SUBSTANCE USE DISORDER TREATMENT MONTH

PREVENTION & EDUCATION

This committee is seeking **volunteers** for the next **National Drug Take Back Day** event on **April 25, 2026** between 10a – 2p, to help with HTDPC information bag assembly (April 20 - 23), and day of event volunteers to hand out the bags. If interested in **volunteering or joining** this committee, contact Committee Chair, Leigh Carroll-Stump at leigh.carroll-stump@colonialbh.org.

POLICY & LEGISLATIVE ADVOCACY

State Democrats are looking to open an adult-use retail cannabis market by Nov. 1, 2026, according to a plan unveiled Dec. 2 by the Joint Commission to Oversee the Transition of the Commonwealth into a Cannabis Retail Market. License applications are set to begin on July 1, 2026, with early microbusiness operations starting in September and the full market opening Nov. 1. Since legalization in 2021, lawmakers have a clear path to a regulated market. Virginia's Cannabis Control Authority would regulate the market, covering everything from licensing and auditing to public education, according to the commission's plan. One consideration state lawmakers will also have to make is deciding how far cannabis shops can be from one another. People in attendance at the Dec. 2 meeting groaned when the commission announced its recommendation to increase the minimum separation distance from 1,000 feet to one mile. Read the [full article here](#).

YOUTH & FAMILY ENGAGEMENT

The Youth & Family Engagement Committee is partnering with the Prevention & Education Committee to spearhead "Hoops For Hope", a youth basketball tournament on **June 20, 2026!** The HTDPC will be Co-Sponsoring the tournament with the We Ball Foundation and the SpiritWorks Foundation. We will need all hands on deck to pull off this family friendly event! If you would like to **volunteer** for the event, be a part of the **planning committee** or to **join the committee**, please reach out to Co-Chair, Justene Kmetz at justene@spiritworksfoundation.org or HTDPC Coordinator, Joi Tramuel via email jtramuel@colonialbh.org or via phone at (757) 713-9670.

TRAUMA & RESILIENCY

The Trauma & Resiliency Committee will begin planning for Resilience Week 2026! This committee will meet on January 23, 2026. If you want to help with the planning of Resilience Week 2026 which will be held during the first week of May, please join the meeting! We can't do it without your support. If you would like to **volunteer** for Resilience Week, be a part of the **planning committee** or to **join the committee** please contact Committee Chairs, Lynette Diaz at lynnette.diaz@jamestcitycountyva.gov or Michelle Justiniano at justiniano@yorkcounty.gov for more information.

SAVE THE DATE

SpiritWorks Foundation
presents:

HOOPS FOR HOPE

Community Youth Basketball Tournament



COMMUNITY CORNER

Celebrate Healthcare and the Virginia Peninsula, United Way will be holding a free informational session that addresses the changes to SNAP and Medicaid. The event aims to empower faith leaders, community agencies, and organizations who serve those receiving benefits. [Click here](#) for registration details.

ANNOUNCEMENTS

Happy New Year!

The Youth & Family Engagement Committee is compiling a list of adolescent service providers to fill in the gap following the closure of Bacon Street Youth and Family Services. If you and/or your agency would like to be included in this provider list, please contact [Justene Kmetz](#), Co-Chair.

If your agency would like to host any of our 2026 Coalition meetings please contact HTDPC Coordinator, Joi Tramuel at jtramuel@colonialbh.org or (757) 713-9670.



HISTORIC TRIANGLE DRUG PREVENTION COALITION

Upcoming Meetings

Prevention & Education Committee Meeting

January 20, 2026 | 9 - 10a (Virtual)

Youth & Family Engagement Committee Meeting

January 22, 2026 | 11:30a - 1p (Virtual)

Trauma & Resiliency Committee Meeting

January 23, 2026 | 11:30a - 1p (Virtual)

Full Coalition Meeting

January 26, 2026 | 11a - 12:30p
United Way - 101 York Crossing Rd.
Yorktown, VA 23692

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@htdpc757